Year 9 Futsal Knowledge Organiser

Skills

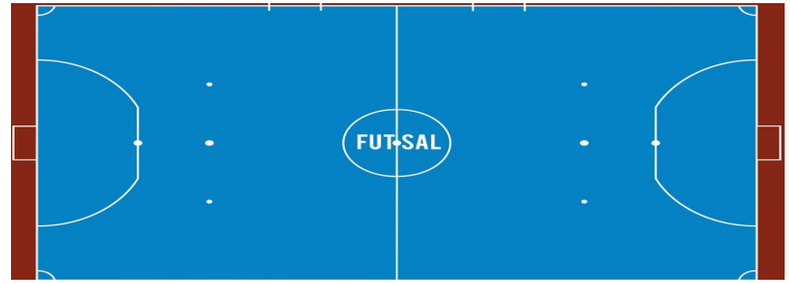
- I can use different defending techniques in order to dispossess an opponent and regain possession for my team.
- When under pressure I can select the most appropriate type of shot to play and execute it with the correct technique.
- I can show close control with the inside of my foot and can distribute the ball quickly in order to put the opposition under pressure.
- When in possession I can use the sole of my foot to hold, push, or drag the ball.

Decision Making

- I always decide the appropriate type of pass to play based on the situation I am in.
- I can set up a formation and create tactics for my team and make sure that we use this throughout the game.
- I can analyse tactics and explain as to why they have or have not been successful.
- Within a game I can change the way I play against a team or player in order to give myself the best chance of being successful.

Growth & Development.

- I complete regular exercise to help develop the components of fitness which will benefit my futsal performance.
- I can analyse the impact of different exercises on my performance in futsal.
- I can explain what type of exercise is predominately used in futsal and how to develop this energy system.



Rules

- A futsal team consist of 5 players (a goalkeeper and four outfield players).
- Goalkeepers only have four seconds to play the ball with their hands or feet.
- Futsal has no offside rules.
- A goal can't be scored directly from a kickoff
- A kick-in must be taken 10 inches behind the line and within 4 seconds.
- Kicking, tripping, charging, jumping and pushing can all result in a direct free kick.

Confidence, Passion & Leadership

- I show a willingness to improve by actively engaging in each lesson.
- I can successfully coach and analyse a small sided game to improve performance.
- I can highlight areas of strength and weakness in my own and others performance.
- I recognise how to improve in my own performance and seek out opportunities to do so, such as attending an extra-curricular or local club.

Key Terms

Pressure	Sole
Hold	Push
Slide	Drag
Possession	Tactics