Year 9 Tennis Knowledge Organiser

Skills

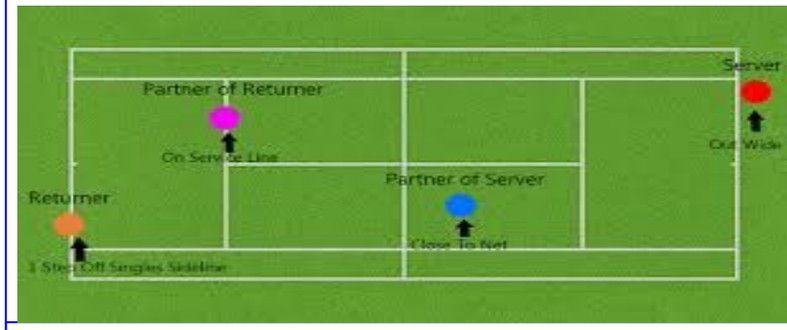
- In a game I can use different types of serve to give myself the advantage.
- I can use an array of different shots to move my opponent around the court and set myself up to win a point.
- I can change my foot positioning when receiving a serve in order to perform a successful return.
- I can play a lob and drop shot in a game to give myself the advantage in a rally.

Decision Making

- I can analyse where my opponent is on the court and select the appropriate shot to play in order to force them to leave a space and give myself the opportunity to win the point.
- I have an advanced understanding of tactics and can analyse my opponent. I can highlight their weakness and play my game to exploit this.
- I can change the way I am a playing in order to limit my opponents strengths and give myself a chance of being successful.

Growth & Development.

- I complete regular exercise to help develop the components of fitness which will benefit my tennis performance.
- I can analyse the impact of different exercises on my performance in tennis.
- I can explain what type of exercise is predominately used in tennis and how to develop this energy system,.



Rules

- At the start of the game you always serve from the right hand side. After the point is played out you then serve from the left and then alternate after each point.
- At the start of each match you play one game before you switch sides. You then change sides every two games in that set.
- If the game is deuce (40-40) then you serve from the right. If there is an 'advantage' then you serve from the left.

Confidence, Passion & Leadership

- I show a willingness to improve by actively engaging in each lesson.
- I can successfully coach and analyse a peer in a game in order help improve performance.
- I can highlight areas of strength and weakness in my own and others performance.
- I recognise how to improve in my own performance and seek out opportunities to do so, such as attending an extra-curricular or local club.

Key Terms

Serve	Out
Tactics	Doubles
Drop shot	Singles
Lob shot	Deuce
Positioning	Advantage
Footwork	Analyse
Fault	Game