Year 9 Rounders Knowledge Organiser

Skills

- I can consistently hit the ball and am beginning to place the ball.
- I can vary my bowling e.g. by using different speeds/spin/a donkey drop.
- I can throw accurately *overarm* from deep field.
- I can catch a high ball in deep field.
- I can effectively back up a post.
- I can effectively play in any position when fielding.

Decision Making

- I can judge when and where to back up a post when fielding.
- I know how and when the field needs adjusting e.g. for left handed batter.
- My team and I can decide an appropriate batting order.
- Following a backwards hit, I work effectively as part of a team to stop the batter scoring.
- If I hit the ball backwards, I can judge whether or not to go for half a rounder.

Growth & Development.

- I complete regular exercise to help develop the components of fitness which will benefit my rounders performance.
- I can analyse the impact of different exercises on my performance in rounders.
- I can explain what type of exercise is predominately used in rounders and how to develop this energy system.

Confidence, Passion & Leadership

- I show a willingness to improve by actively engaging in each lesson.
- I can successfully coach and analyse a small sided game to improve performance.
- I can highlight areas of strength and weakness in my own and others performance.
- I recognise how to improve in my own performance and seek out opportunities to do so, such as attending an extra-curricular or local club.

Key Terms

Back up/cover
Backwards hit
Spin
Rounder
Obstruction
Donkey drop
Overarm
Batting order

Rules

- If the ball is hit backwards, the batter must wait at 1st post until the ball has crossed the line at the front of the batting box.
- Obstruction of the runner by a fielder = half a rounder.
- Batters can run on to a post that has been previously stumped (but you don't score if the post immediately ahead of you has been stumped).